

Iowa Youth Proposed Core Service Domains and Core Services Examples

Youth core service domains ¹	Youth core services	Iowa Plan covered service (Y/N) ²
	Mobile crisis intervention and stabilization including 24-hr crisis hotline	Y
	23-hr crisis stabilization	Y
	Crisis residential ³	N
Acute and sub-acute treatment services for mental health and substance use ⁴	Inpatient treatment	Y
	Community-based acute treatment ⁵	N
Mental health and substance use treatment ⁶	Assessment and evaluation <ul style="list-style-type: none"> Psychological testing Psychosocial Psychiatric Alcohol and drug use 	Y
	Outpatient (OP) treatment including but not limited to: <ul style="list-style-type: none"> Individual, family, & group counseling In-home (mobile) counseling In-home behavioral management therapy and aide Intensive OP Partial hospital 	Y

¹ Some service examples may be included in more than one domain.

² This column is pending review by Magellan and should be considered as a draft. Please refer to the Magellan covered services list for the most accurate information.

³ Length of stay should be no longer than three days.

⁴ Substance use services include those that may be covered by Magellan through the IDPH contract as well as IME substance use services. Please refer to Magellan covered services list for a more comprehensive description.

⁵ Length of stay should be no longer than 14 days.

⁶ Substance use services include those that may be covered by Magellan through the IDPH contract as well as IME substance use services. Please refer to Magellan covered services list for a more comprehensive description.

Youth core service domains ¹	Youth core services	Iowa Plan covered service (Y/N) ²
	Evidence-based therapies ⁷	N ⁸
	Residential treatment	Y
	Medication prescribing & management	Y
Care coordination	Care coordination	Y
	Health homes	Y
Community living support/Family support	Therapeutic mentoring (e.g. community-based skill-building)	Y ⁹
	Family and peer support	Y
	Respite	Y
Health & primary care	Home health aide	Y
	Health homes	Y
	Psychiatric consultation to pediatric primary care	Y
Prevention/wellness services	Health homes	Y
	Mental health and substance use screening in pediatric primary care	N ¹⁰
Community-based flexible supports	Services and supports as identified in a plan of care for youth receiving services through an integrated health home.	

⁷ Examples of evidence-based therapies include: Trauma Focused Cognitive Behavioral Therapy, Brief-Strategic Family Therapy, Functional Family Therapy, Multi-Systemic Therapy, and Multi-Dimensional Treatment Foster Care.

⁸ There are not billing codes under the Iowa Plan for specific evidence-based therapies though some providers may be delivering evidence-based therapies and billing under outpatient therapy codes and being reimbursed by Magellan.

⁹ In Iowa this service is commonly referred to as Behavioral Health Intervention Services (BHIS). This is a therapeutic intervention and not a “Big Brother/Big Sister type program.

¹⁰ This should be covered under the EPSDT benefit for youth in the fee-for-service Medicaid benefit.